

THE RETREAT

Beauty and Holistic centre

theretreatdunmow@hotmail.com | 01371 878989 | www.theretreatdunmow.co.uk

Offer Of The Month

August: Gel Hands or Feet
£20 RRP £30

September:
Microdermabrasion £40 RRP
£52

October: Reflexology and
receive a **Free** back massage
£41

Loyalty cards

Don't forget to keep presenting your loyalty cards for your chosen treatment. You will soon be able to clock up a discount and then put the money you save towards trying out a new treatment or one of our **monthly offers**

GDPR

Best not mention this too loudly round the salon, or any business for that matter! We are sure you will have all heard about the new regulations that came into force in May and are pretty sure your mail boxes will have been inundated with keeping in touch e-mails.

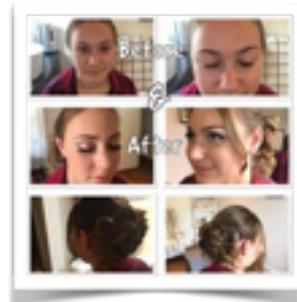
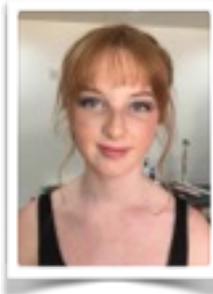
We love nothing more than keeping you up to date with all the latest news offers and treatments but we cannot do this without your say so! If you haven't done so already please can you complete one of our data forms next time you are in the salon and we will keep you in the loop with all things Retreat!

What have we been up to?

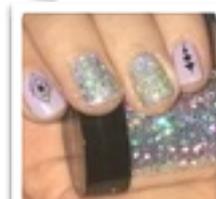
Off to the Races



Prom Princesses



Nail Art Fun





New Treatments

We are very excited to announce that Jo and Michelle have been up to London and completed their MoYou nail art and stamping course! We can now take your manicures and pedicures to the next level of awesome!!! Paint, scrape and stamp endless patterns pictures and designs on your nails for a completely personal or themed look. You will be stuck for choice on what to have and what colours to go for! Although we have lots of ideas up our sleeves we are more than happy to give any designs you come across a go! **suns out funs out!!!**



To make nails even more fun we have been trying out some new gel brands to give you more colour choices and extreme wear and durability. Our favourite so far is **The Gel Bottle!** They boast a huge range of colours, including neon, thermal changing, glitter and magnetic as well as being extremely long lasting! Both Amanda and Jo have put them through their paces as they are notorious for not being able to keep their nail polish on and they lasted 10 days on both of them! No chips or lifting just regrowth!!!



Back to the classroom

Jo, Michelle and Zoe are all going back SCHOOL!!!

To keep up with growing trends and demands in the industry and from listening to you, our valued clients, we are going to be heading to The Elite School of Hair and Beauty in Bishops Stortford over the next few months! This will mean new treatments and offers for you to look out for on our already extensive menu.

Jo and Michelle are going to be completing qualifications in **Acrylic Nail Extensions** and **Dipping Powders**. Both of these treatments will be available from the **end of August**. We are excited to be doing this course and learning how to properly **apply, infill** and **remove acrylics** without damaging the natural nail. **Dipping powders** combine several of the most popular nail techniques and can be applied over the **natural nail** or a **false nail**. They have all the **colours** and more of gel polish but with the **strength** of an acrylic. They are being predicted by industry experts to eventually replace gel polish, with up to **3 weeks wear** we can't see what's not to like about them!!!!

Zoe will also be attending the Elite School of Hair and Beauty in **August** to learn how to safely and effectively apply **Russian eyelash extensions**. During this treatment up to **150** silky soft lashes will be applied to your own natural lashes giving you a **thick, full** set of lashes and a **wide awake** look. **No more mascara!!!** If you are feeling brave different coloured lashes and gem accessorised lashes can also be applied!